

Helping Women Stay Balanced!

This class wrote itself when recent studies left women and their doctors looking for good alternatives for hormone replacement therapy. Each student finishes this session with recommended remedies for their own situations. You'll learn to help your teenagers through their hormonal surges, support your husbands through middle age transitions and keep yourselves and babies balanced the natural and safe way.



Hormone Balancing With Homeopathy & Bach Essences

Simple solutions for every phase from Puberty & PMS, to Menopause:

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|--------------------|-----------------------|---------------------|
| *Emotional Changes | *Low Libido | *Sleep Disturbances |
| *Menses Problems | *Weight Gain/Cravings | *Osteoporosis |
| *Hot Flashes | *Skin Issues | *Infertility |
| *Hair Loss | *Pain/Discomfort | *Low Vitality |

Thursday Morning, March 26 9:30am-12:30pm
Class Fee: \$90

**Use MasterCard/Visa online at: www.learnhomeopathynow.com OR
Mail check to: Learn Homeopathy Now, 2121 Brigantine Court, Encinitas, CA 92024**

This 3 hour workshop is taught by Shelley McQuarter and Willow Tipton of Learn Homeopathy Now, as a response to the many requests for help from women who have discontinued their hormone replacement therapies. This class is for women of any age, with any challenges connected to hormonal changes. Notebooks with handouts will be provided. Homeopathy—Level 1 Workshop is a necessary pre-requisite.

**For Registration: shelley@learnhomeopathynow.com or (760) 942-3440
<http://www.learnhomeopathynow.com>**

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